

Appetizers

* Blue Point Oysters on the Half Shell - cocktail sauce, horseradish, lemon	Each	\$2.5
✂ ✂ * Oyster Shooter - shucked, crabby mary mix, old bay rim, lemon..... Add vodka \$3	Each	\$3
Maryland Style Crab Cakes - house recipe, baked, remoulade, lemon.....		\$17.5
Mussels - 1lb mussels, coconut curry broth, pickled jalapeño, red onion, sweet potato fries, cilantro		\$14.5
Grilled Shrimp Skewers - 14 grilled shrimp, Old Bay, scampi butter, lemon.....		\$14.75
✂ Crispy Calamari - hand cut, lightly fried, cocktail sauce, warm marinara		\$15
Boom Boom Shrimp - 5 jumbo shrimp, hand breaded, firecracker sauce, lemon		\$16.5
✂ Peel-n-Eat Shrimp - easy peel, steamed with Old Bay, celery, cocktail sauce	1lb \$20 1/2lb	\$12
Crab Stuffed Mushrooms - four large caps, crab cake mix, remoulade, lemon.....		\$17.25
Trident Wings or Buttermilk Tenders -	Dozen \$17.75 1/2 Dozen	\$11
choose from: classic buffalo, H1, H2, H3, Nashville hot, chipotle honey, firecracker sauce, Trident BBQ, habanero jerk, teriyaki, lemon pepper rub, garlic parmesan		
Nelson's Love Plate - meats, cheeses, nuts, fruits, this, that, serves 2-3.		\$20
Baked Pretzel Sticks - butter brushed, spicy mustard, cheese sauce, jalapeño cream cheese		\$11
Redskins - potato skins, jack, cheddar, chopped bacon, sour cream, green onions		\$10.5
✂ Nachos - local tortilla chips, cheddar & jack cheese, pickled jalapeño, black olives, salsa fresca, sour cream, smashed avocado		\$17
<i>Harris Ranch ground beef, Harris Ranch chorizo, grilled chicken, Smoked pork \$4 Grilled asada steak \$6</i>		
Chicken Skewers - thai peanut sauce.....		\$11.5
Mozzarella Sticks - lightly fried, marinara sauce		\$9
World Famous Fried Pickles - beer battered spears, ranch		\$8.5
Caprese - fresh mozzarella, tomato, basil, balsamic glaze, olive oil		\$8.5
Bruschetta Flatbread - provolone, pesto, 3 tomato bruschetta.....		\$12
Crispy Clam Strips - lightly fried, cocktail, tartar sauce, lemon		\$12
Mac-N-Cheese - original		\$10.5
bacon & green chili - add \$1.50 buffalo style - chopped tenders, H1, parmesan, green onions - add \$2.50		

Tacos

✂ ✂ Grilled Asada Steak - 2, marinated sirloin, smashed avocado, salsa fresca		\$10.5
Crispy Alaskan Cod - 2, avocado lime sauce, cole slaw, green onions		\$9.5
Crispy Jumbo Shrimp - 2, chipotle aioli, cole slaw, green onions		\$9.75
Baked Alaskan Cod - 2, avocado lime sauce, cole slaw, green onions		\$9.5
Smoked Pork - 2, avocado lime sauce, diced red onion, feta, cilantro		\$9
Taco Dinner - 3, tacos served with choice of side - green chili mac-n-cheese or house rice		\$17
<i>served on local flour tortillas. gluten free corn tortillas are available.</i>		

Sliders

* Harris Ranch Sliders - mini burgers, Harris Ranch beef, American, pickles, brioche		\$12
Nashville Hot Chicken - hand breaded, sliced pickle, brioche		\$7.75
Buffalo Chicken - H1 sauce, blue cheese crumbles, brioche		\$7.75
Chipotle Chicken - crispy chicken, LTO, pepper jack, chipotle mayo, brioche		\$8.5

Desserts

Pizookie - warm baked macadamia nut white chocolate cookie, vanilla ice cream, chocolate and caramel sauce.		\$8.5
Caramel Cheesecake - whipped cream, caramel and raspberry sauce		\$8.5



(Please be aware, desserts take time to bake)



HOUSE FAVORITES



NEW ADDITIONS

TRIDENT



ESTABLISHED IN 2001, TRIDENT IS OWNED AND OPERATED BY A NAVY VETERAN AND IS PROUD TO SUPPORT THE TUCSON COMMUNITY AND THE UNIVERSITY OF ARIZONA.

*Consuming raw or undercooked foods will increase your risk of foodborne illness.
 *20% gratuity added to groups of 6 or more.
 *Split plate charge \$1.

GRILL



Trident is proud to serve 1/2 lb **Harris Ranch** custom blend burgers.
 4oz Impossible burger (vegan) also available. add \$3.5

Choice of: *Old Bay fries. coleslaw. cottage cheese. potato salad.*

Substitute: *onion rings \$1. sweet potato fries \$1. mac-n-cheese \$1. side salad \$5. cup of soup \$5. gluten free bun \$1.*

Burgers

- * Trident - LTO. add any toppings \$1 each\$15.75
- * Navy SEAL - (4) 1/2lb beef patties. cheddar cheese. jalapeños. bacon. LTO. 1lb of fries\$40
Try the challenge. 15 minutes to complete. accomplish mission and it's on the house! (sorry, cannot be split. not available to go.)
- * Wildcat - cheddar. bacon. onion rings. Trident bbq. LTO\$16.5
- * Maui Wowie - jerk spiced beef. grilled pineapple. kalua pork. swiss cheese. LTO. mango salsa. pretzel bun\$17.5
- * Mushroom Swiss - mushroom mayo. marsala mushrooms. double swiss\$17.25
- * T-Town - smashed avocado. chipotle mayo. cheddar. LTO\$17.25
- * Steakhouse - blue cheese. sautéed onions. mushrooms. bacon. balsamic. creamy horseradish\$17.25
- The Vegan Patty Melt - 100 percent vegan. **4oz Impossible burger.** sautéed mushrooms and onions. vegan mozzarella. house sauce, toasted multigrain\$17

Sandwiches

- Ψ Ψ Sirloin Dip - thinly sliced. sautéed onions. swiss cheese. roasted garlic aioli. toasted amoroso roll. au jus\$17
- Cubano Grilled Cheese - slow roasted pork. double swiss. sliced ham. cajun mustard. sliced pickles. sourdough.....\$16
- Ψ 520 Fish Sandwich - beer battered Alaskan cod. michelada mayo. LTO. brioche bun\$15.5
- Ψ Cajun Philly - sautéed onions. mushrooms. cheese sauce. andouille sausage. amoroso roll\$17
- Green Chili Turkey Melt - pepper jack. bacon. thousand island. LTO. sourdough\$16
- Super Reuben - corned beef. swiss. sauerkraut. coleslaw. thousand island. marble rye\$17
- West Coast BLT - bacon. bacon. bacon. lettuce. tomato. cream cheese. avocado. sourdough\$14.75
- Philly Cheesesteak - sautéed onions. mushrooms. thinly sliced ribeye steak. cheese sauce. amoroso roll\$17
- Pesto Grilled Chicken Melt - fresh mozzarella. roasted tomatoes. artichokes. pesto. sourdough\$14.75
- Ψ Ψ Double L Ranch Pastrami - swiss. cajun mustard. sliced pickles. pretzel bun\$16.75
- Trident Chicken Salad - roasted chicken. raisins. walnuts. green onions. served on toasted multigrain bread\$13.75
- Blue Plate Special - side salad or bowl of soup served with 1/2 BLT, 1/2 chicken salad sandwich or 1/2 pesto grilled chicken melt\$14.99

Soups & Salads

- Grandma Miller's Clam Chowder - bacon. green onions.....cup \$7 bowl \$10 bread bowl \$11
- Trident Gumbo - cajun sausage. smoked chicken. shrimp. ricecup \$7 bowl \$10 bread bowl \$11
- * Steakhouse Spinach Salad - 6oz grilled sirloin. smoked almonds. crispy onions. roasted potatoes. blue cheese. tomatoes. hard boiled egg. roasted garlic. balsamic reduction\$17
- Cobb - ham. turkey. egg. tomato. bacon. avocado. blue cheese dressing\$14.75
- Thai Chicken Salad - carrots. green onions. wontons. cucumbers. sesame seeds. thai peanut dressing\$14.75
- Buffalo Chicken Salad - tenders. H1 sauce. jack & cheddar. carrots. celery. cucumber\$14.75
- Southwest Chopped Chicken Caesar - pesto grilled chicken. corn. tomatoes. feta cheese. cilantro. chipotle caesar dressing\$14.75
- Ψ Paleo Bowl - pesto grilled chicken. avocado. carrots. tomatoes. sweet potatoes. egg. mixed greens\$15
- House Caesar - chopped romaine. sourdough croutons. parmesan cheese\$10
- Trident Wedge - iceberg wedge. chopped bacon. chunky blue cheese. tomato bruschetta. red onion\$11.75
- Side Salad - mixed greens. red onions. black olives. carrots. tomato. cucumber.....\$8.5

Additions: 4oz seared salmon \$6 8oz seared salmon \$11 (7) grilled shrimp \$6.5 6oz grilled sirloin \$8 Pesto grilled chicken \$4.5

Dressings: ranch. blue cheese. red wine vin. chipotle caesar. Alfonso's olive oil & balsamic. thousand island. Italian. caesar.

Platters

- Buttermilk Tenders - 6. choice of dip and heat. served with Old Bay fries, cole slaw, garlic bread\$16
- Jumbo Shrimp - 5. tarter and cocktail sauce. lemon. served with Old Bay fries, cole slaw, garlic bread\$20
- Captains - Alaskan cod. jumbo shrimp. calamari. cocktail and tarter sauce. lemon. served with Old Bay fries, cole slaw, garlic bread\$22

Entrees

- * Bone-In Pork Chop - 10oz beelers chop. honey mustard glazed. Trident potatoes. sautéed spinach & bruschetta. garlic herb butter.....\$20
- Ψ Fish-N-Chips - beer battered Alaskan cod. fries. tartar sauce. lemon. coleslaw..... (2) piece \$17.5 (3) piece \$19
- Sautéed Alaskan Cod - steamed rice. sautéed spinach. coconut curry\$17.5
- * Grilled New York - hand cut choice 12oz strip. grilled asparagus. Trident potatoes.... choice of: garlic herb butter or chimichurri sauce.....\$25.5
- Grilled Shrimp Scampi - 6. jumbo shrimp. steamed rice. sautéed spinach & bruschetta. lemon.....\$19
- * Pan Seared Salmon - 8oz salmon. grilled asparagus. steamed rice.... choice of: garlic herb butter or scampi sauce\$21.5