

Appetizers

* Blue Point Oysters on the Half Shell - cocktail sauce, horseradish, lemon	Each	\$2.5
‡ ‡ * Oyster Shooter - shucked, crabby mary mix, old bay rim, lemon	Add vodka \$3	Each \$3
Maryland Style Crab Cakes - house recipe, baked, remoulade, lemon.....		\$17.5
Jumbo Shrimp Cocktail - 6 poached and chilled jumbo shrimp, cocktail sauce, lemon		\$15.5
Crispy Clam Strips - cocktail, lemon, tartar sauce		\$13.5
Mussels - 1lb mussels, coconut curry broth, pickled jalapeño, red onion, sweet potato fries, cilantro		\$14.5
Grilled Shrimp Skewers - 14 grilled shrimp, Old Bay, scampi butter, lemon		\$14.75
‡ Crispy Calamari - hand cut, lightly fried, cocktail sauce, warm marinara		\$14.75
Clams - 1lb clams, white wine, garlic butter, tomato, green onion, fresh herbs, garlic bread		\$14.25
Boom Boom Shrimp - 5 jumbo shrimp, hand breaded, firecracker sauce, lemon		\$15.75
‡ Peel-n-Eat Shrimp - easy peel, steamed with Old Bay, celery, cocktail sauce.....	1lb \$20 1/2lb \$12	
Crab Stuffed Mushrooms - four large caps, crab cake mix, remoulade, lemon		\$17.25
Trident Wings or Buttermilk Tenders -.....	Dozen \$16 1/2 Dozen \$10	
choose from: classic buffalo, H1, H2, H3, Nashville hot, chipotle honey, firecracker sauce, Trident BBQ, habanero jerk, teriyaki, lemon pepper rub, garlic parmesan		
Nelson's Love Plate - meats, cheeses, nuts, fruits, this, that, serves 2-3.....		\$20
Baked Pretzels - spicy mustard, cheese sauce		\$10
White Bean Hummus - grilled flatbread, chopped veggies, feta cheese, roasted garlic oil.....		\$11
Redskins - potato skins, jack, cheddar, chopped bacon, sour cream, green onions		\$10
‡ Nachos - local tortilla chips, cheddar & jack cheese, pickled jalapeño, black olives, salsa fresca, sour cream, smashed avocado		\$17
<i>Harris Ranch ground beef, Harris Ranch chorizo, smoked chicken, Kalua pork \$4 Grilled asada steak \$6</i>		
Chicken Skewers - thai peanut sauce		\$11.5
Mozzarella Sticks - lightly fried, marinara sauce		\$8.5
World Famous Fried Pickles - beer battered spears, ranch.....		\$7.5
Caprese - fresh mozzarella, tomato, basil, balsamic glaze, olive oil.....		\$8.5
Bruschetta Flatbread - provolone, pesto, 3 tomato bruschetta.....		\$12
Mac-N-Cheese - original		\$10.5
bacon & green chili - add \$1.50 buffalo style - chopped tenders, H1, parmesan, green onions - add \$1.50		

Tacos

‡ ‡ Grilled Asada Steak - 2, marinated sirloin, smashed avocado, salsa fresca		\$9
Crispy Alaskan Cod - 2, avocado lime sauce, cole slaw, green onions		\$8.75
Kalua Pork - 2, chopped cilantro, mango citrus salsa, green onions.....		\$8
Crispy Jumbo Shrimp - 2, chipotle aioli, cole slaw, green onions.....		\$8.75
Smoked Chicken - 2, roasted corn salsa, Alabama BBQ sauce.....		\$8.25
Baked Alaskan Cod - 2, avocado lime sauce, cole slaw, green onions		\$8.5
Taco Dinner - 3, tacos served with choice of side - green chili mac-n-cheese or house rice		\$17
<i>served on local flour tortillas. gluten free corn tortillas are available.</i>		

Sliders

* Harris Ranch Sliders - mini burgers, Harris Ranch beef, American, pickles, brioche		\$11
* Brawt Burger - house-made sausage, swiss cheese, cajun mustard, baconnaise, brioche		\$8.5
Nashville Hot Chicken - hand breaded, sliced pickle, brioche		\$7
Buffalo Chicken - H1 sauce, blue cheese crumbles, brioche		\$7
BBQ Pork - Trident BBQ, cole slaw, crispy onions, brioche		\$7
‡ Crab Cake - pan seared, lettuce, tomato, remoulade, brioche		\$14

Desserts

‡ ‡ Pizookie - warm baked macadamia nut white chocolate cookie, vanilla ice cream, chocolate and caramel sauce		\$8.5
‡ ‡ Churro Donut Sundae - baked donuts, cinnamon ice cream, caramel and raspberry sauce		\$8.5
Caramel Cheesecake - whipped cream, caramel and raspberry sauce		\$8.5

⌚ (Please be aware, desserts take time to bake)

‡ HOUSE FAVORITES

‡ ‡ NEW ADDITIONS

TRIDENT



GRILL

ESTABLISHED IN 2001, TRIDENT IS OWNED AND OPERATED BY A NAVY VETERAN AND IS PROUD TO SUPPORT THE TUCSON COMMUNITY AND THE UNIVERSITY OF ARIZONA.

*Consuming raw or undercooked foods will increase your risk of foodborne illness.

*20% gratuity added to groups of 6 or more.

*Split plate charge \$1.



Trident is proud to serve 1/2 lb **Harris Ranch** custom blend burgers.
 4oz Impossible burger (vegan) also available. add \$3.5

Choice of: *Old Bay fries, coleslaw, cottage cheese, potato salad.*

Substitute: *onion rings \$1. sweet potato fries \$1. mac-n-cheese \$1. side salad \$5. cup of soup \$5. gluten free bun \$1.*

Burgers & Dogs

- * **Trident** - LTO. add any toppings \$1 each.....make it a double \$6\$14
- * **Navy SEAL** - (4) 1/2lb beef patties. cheddar cheese. jalapeños. bacon. LTO. 1lb of fries\$40
Try the challenge. 15 minutes to complete. accomplish mission and it's on the house! (sorry, cannot be split. not available to go.)
- * **Wildcat** - cheddar. bacon. onion rings. Trident bbq. LTO\$16
- * **Breakfast Burger** - bacon. ham. provolone cheese. roasted garlic aioli. sunnyside up egg.\$16.5
- ‡ * **Maui Wowie** - jerk spiced beef. grilled pineapple. kalua pork. swiss cheese. LTO. mango salsa. pretzel bun\$17
- * **Mushroom Swiss** - mushroom mayo. marsala mushrooms. double swiss\$16.5
- * **T-Town** - smashed avocado. chipotle mayo. cheddar. LTO\$16
- * **Steakhouse** - blue cheese. sautéed onions. mushrooms. bacon. balsamic. creamy horseradish\$16.5
- ‡ ‡ **The Vegan Patty Melt** - 100 percent vegan. 4oz Impossible burger. sautéed mushrooms and onions. vegan mozzarella. house sauce, toasted multigrain ..\$16.5
- ‡ ‡ **The Spicy Polish Sausage** - 1/3 lb toasted brioche roll. cajun mustard. relish. ketchup.\$13

Sandwiches

- ‡ ‡ **Sirloin Dip** - thinly sliced. sautéed onions. swiss cheese. roasted garlic aioli. toasted amoroso roll. au jus\$16.25
- ‡ ‡ **Cubano Grilled Cheese** - slow roasted pork. double swiss. sliced ham. cajun mustard. sliced pickles. sourdough\$15
- ‡ ‡ **520 Fish Sandwich** - beer battered Alaskan cod. michelada mayo. LTO. brioche bun\$15.5
- ‡ ‡ **Cajun Philly** - sautéed onions. mushrooms. cheese sauce. andouille sausage. amoroso roll\$16.25
- ‡ ‡ **Green Chili Turkey Melt** - pepper jack. bacon. thousand island. LTO. sourdough\$15
- ‡ ‡ **Super Reuben** - corned beef. swiss. sauerkraut. coleslaw. thousand island. marble rye\$16
- ‡ ‡ **West Coast BLT** - bacon. bacon. bacon. lettuce. tomato. cream cheese. avocado. sourdough\$13.75
- ‡ ‡ **Philly Cheesesteak** - sautéed onions. mushrooms. thinly sliced ribeye steak. cheese sauce. amoroso roll\$16.25
- ‡ ‡ **Pesto Grilled Chicken Melt** - fresh mozzarella. roasted tomatoes. artichokes. pesto. sourdough\$14.5
- ‡ ‡ **Double L Ranch Pastrami** - swiss. cajun mustard. sliced pickles. pretzel bun\$16.5
- ‡ ‡ **Trident Chicken Salad** - roasted chicken. raisins. walnuts. green onions. served on toasted multigrain bread\$13.5
- ‡ ‡ **Blue Plate Special** - side salad or bowl of soup served with 1/2 BLT, 1/2 chicken salad sandwich or 1/2 pesto grilled chicken melt\$13.5

Soups & Salads

- ‡ ‡ **Grandma Miller's Clam Chowder** - bacon. green onions..... cup \$7 bowl \$10 bread bowl \$11
- ‡ ‡ **Trident Gumbo** - cajun sausage. smoked chicken. shrimp. rice.....cup \$7 bowl \$10 bread bowl \$11
- ‡ ‡ **Steakhouse Spinach Salad** - 6oz grilled sirloin. smoked almonds. crispy onions. roasted potatoes. blue cheese. tomatoes. hard boiled egg. roasted garlic. balsamic reduction\$16.5
- ‡ ‡ **Cobb** - ham. turkey. egg. tomato. bacon. avocado. blue cheese dressing\$14.5
- ‡ ‡ **Thai Chicken Salad** - carrots. green onions. wontons. cucumbers. sesame seeds. thai peanut dressing\$14.5
- ‡ ‡ **Greek** - romaine. feta. cucumbers. red onions. roasted tomatoes. olives. pepperoncini. artichoke. red wine vinaigrette\$14.5
- ‡ ‡ **Buffalo Chicken Salad** - tenders. H1 sauce. jack & cheddar. carrots. celery. cucumber\$14.5
- ‡ ‡ **Southwest Chopped Chicken Caesar** - pesto grilled chicken. corn. tomatoes. feta cheese. cilantro. chipotle caesar dressing\$14.5
- ‡ ‡ **Paleo Bowl** - pesto grilled chicken. avocado. carrots. tomatoes. sweet potatoes. egg. mixed greens\$14.5
- ‡ ‡ **House Caesar** - chopped romaine. sourdough croutons. parmesan cheese\$10
- ‡ ‡ **Wedge Salad** - iceberg wedge. chopped bacon. chunky blue cheese. tomato bruschetta. red onion\$11.75
- ‡ ‡ **Side Salad** - mixed greens. red onions. black olives. carrots. tomato. cucumber.....\$8.5

Additions: 4oz seared salmon \$6 8oz seared salmon \$11 (7) grilled shrimp \$6.5 6oz grilled sirloin \$8 Pesto grilled chicken \$4.5
 Dressings: *ranch. blue cheese. red wine vin. chipotle caesar. Alfonso's olive oil & balsamic. thousand island. Italian. caesar.*

Platters

- ‡ ‡ **Buttermilk Tenders** - 6. choice of dip and heat. served with Old Bay fries, cole slaw, garlic bread\$15
- ‡ ‡ **Jumbo Shrimp** - 5. tarter and cocktail sauce. lemon. served with Old Bay fries, cole slaw, garlic bread\$20
- ‡ ‡ **Captains** - Alaskan cod. jumbo shrimp. calamari. cocktail and tarter sauce. lemon. served with Old Bay fries, cole slaw, garlic bread.....\$22

Entrees

- ‡ ‡ * **Bone-In Pork Chop** - 10oz beelers chop. honey mustard glazed. Trident potatoes. sautéed spinach & bruschetta. garlic herb butter\$19.5
- ‡ ‡ ‡ **Fish-N-Chips** - beer battered Alaskan cod. fries. tartar sauce. lemon. coleslaw.....(2) piece \$16 (3) piece \$18
- ‡ ‡ ‡ **Sautéed Alaskan Cod** - steamed rice. sautéed spinach. coconut curry\$17
- ‡ ‡ ‡ * **Grilled New York** - hand cut choice 12oz strip. grilled asparagus. Trident potatoes.... choice of: garlic herb butter or chimichurri sauce.....\$24.75
- ‡ ‡ ‡ **Grilled Shrimp Scampi** - 6. jumbo shrimp. steamed rice. sautéed spinach & bruschetta. lemon.....\$18.75
- ‡ ‡ ‡ * **Pan Seared Salmon** - 8oz salmon. grilled asparagus. steamed rice.... choice of: garlic herb butter or scampi sauce\$21.5