

Appetizers

* Blue Point Oysters on the Half Shell - cocktail sauce, horseradish, lemon .....	Each \$2.5
✂✂ * Oyster Shooter - shucked, crabby mary mix, old bay rim, lemon .....	Add vodka \$3 .....
Maryland Style Crab Cakes - house recipe, baked, remoulade, lemon.....	\$17.5
Mussels - 1lb mussels, coconut curry broth, pickled jalapeño, red onion, sweet potato fries, cilantro .....	\$14.5
Grilled Shrimp Skewers - 14 grilled shrimp, Old Bay, scampi butter, lemon .....	\$14.75
✂ Crispy Calamari - hand cut, lightly fried, cocktail sauce, warm marinara .....	\$15
Boom Boom Shrimp - 5 jumbo shrimp, hand breaded, firecracker sauce, lemon .....	\$16
✂ Peel-n-Eat Shrimp - easy peel, steamed with Old Bay, celery, cocktail sauce.....	1lb \$20 1/2lb \$12
Crab Stuffed Mushrooms - four large caps, crab cake mix, remoulade, lemon .....	\$17.25
Trident Wings or Buttermilk Tenders - .....	Dozen \$16.25 1/2 Dozen \$10
choose from: classic buffalo, H1, H2, H3, Nashville hot, chipotle honey, firecracker sauce, Trident BBQ, habanero jerk, teriyaki, lemon pepper rub, garlic parmesan	
Nelson's Love Plate - meats, cheeses, nuts, fruits, this, that, serves 2-3.....	\$20
Baked Pretzels - spicy mustard, cheese sauce .....	\$10
Redskins - potato skins, jack, cheddar, chopped bacon, sour cream, green onions .....	\$10
✂ Nachos - local tortilla chips, cheddar & jack cheese, pickled jalapeño, black olives, salsa fresca, sour cream, smashed avocado .....	\$17
<i>Harris Ranch ground beef, Harris Ranch chorizo, grilled chicken, Kalua pork \$4 Grilled asada steak \$6</i>	
Chicken Skewers - thai peanut sauce .....	\$11.5
Mozzarella Sticks - lightly fried, marinara sauce .....	\$8.5
World Famous Fried Pickles - beer battered spears, ranch.....	\$8
Caprese - fresh mozzarella, tomato, basil, balsamic glaze, olive oil .....	\$8.5
Bruschetta Flatbread - provolone, pesto, 3 tomato bruschetta.....	\$12
Mac-N-Cheese - original .....	\$10.5
bacon & green chili - add \$1.50 buffalo style - chopped tenders, H1, parmesan, green onions - add \$1.50	

Tacos

✂✂ Grilled Asada Steak - 2, marinated sirloin, smashed avocado, salsa fresca .....	\$9.5
Crispy Alaskan Cod - 2, avocado lime sauce, cole slaw, green onions .....	\$8.75
Crispy Jumbo Shrimp - 2, chipotle aioli, cole slaw, green onions.....	\$9.25
Baked Alaskan Cod - 2, avocado lime sauce, cole slaw, green onions .....	\$8.5
Taco Dinner - 3, tacos served with choice of side - green chili mac-n-cheese or house rice .....	\$17
<i>served on local flour tortillas. gluten free corn tortillas are available.</i>	

Sliders

* Harris Ranch Sliders - mini burgers, Harris Ranch beef, American, pickles, brioche. ....	\$11.75
Nashville Hot Chicken - hand breaded, sliced pickle, brioche .....	\$7
Buffalo Chicken - H1 sauce, blue cheese crumbles, brioche .....	\$7

Desserts

Pizookie - warm baked macadamia nut white chocolate cookie, vanilla ice cream, chocolate and caramel sauce. ....	\$8.5
Caramel Cheesecake - whipped cream, caramel and raspberry sauce .....	\$8.5

🕒 (Please be aware, desserts take time to bake)

✂ HOUSE FAVORITES

✂✂ NEW ADDITIONS



**ESTABLISHED IN 2001, TRIDENT IS OWNED AND OPERATED BY A NAVY VETERAN AND IS PROUD TO SUPPORT THE TUCSON COMMUNITY AND THE UNIVERSITY OF ARIZONA.**

\*Consuming raw or undercooked foods will increase your risk of foodborne illness.  
 \*20% gratuity added to groups of 6 or more.  
 \*Split plate charge \$1.



Trident is proud to serve 1/2 lb **Harris Ranch** custom blend burgers.  
4oz Impossible burger (vegan) also available. add \$3.5

Choice of: Old Bay fries. coleslaw. cottage cheese. potato salad.

Substitute: onion rings \$1. sweet potato fries \$1. mac-n-cheese \$1. side salad \$5. cup of soup \$5. gluten free bun \$1.

**Burgers**

- \* **Trident** - LTO. add any toppings \$1 each.....make it a double \$6 .....\$15
- \* **Navy SEAL** - (4) 1/2lb beef patties. cheddar cheese. jalapeños. bacon. LTO. 1lb of fries .....\$40  
*Try the challenge. 15 minutes to complete. accomplish mission and it's on the house! (sorry, cannot be split. not available to go.)*
- \* **Wildcat** - cheddar. bacon. onion rings. Trident bbq. LTO .....\$16.5
- \* **Maui Wowie** - jerk spiced beef. grilled pineapple. kalua pork. swiss cheese. LTO. mango salsa. pretzel bun .....\$17.25
- \* **Mushroom Swiss** - mushroom mayo. marsala mushrooms. double swiss .....\$16.75
- \* **T-Town** - smashed avocado. chipotle mayo. cheddar. LTO .....\$16.75
- \* **Steakhouse** - blue cheese. sautéed onions. mushrooms. bacon. balsamic. creamy horseradish .....\$16.75
- The Vegan Patty Melt** - 100 percent vegan. 4oz Impossible burger. sautéed mushrooms and onions. vegan mozzarella. house sauce, toasted multigrain ..\$16.5

**Sandwiches**

- ¶ **Sirloin Dip** - thinly sliced. sautéed onions. swiss cheese. roasted garlic aioli. toasted amoroso roll. au jus .....\$16.75
- Cubano Grilled Cheese** - slow roasted pork. double swiss. sliced ham. cajun mustard. sliced pickles. sourdough .....\$15.5
- 520 Fish Sandwich** - beer battered Alaskan cod. michelada mayo. LTO. brioche bun .....\$15.5
- ¶ **Cajun Philly** - sautéed onions. mushrooms. cheese sauce. andouille sausage. amoroso roll .....\$16.75
- Green Chili Turkey Melt** - pepper jack. bacon. thousand island. LTO. sourdough .....\$15.5
- Super Reuben** - corned beef. swiss. sauerkraut. coleslaw. thousand island. marble rye .....\$16.5
- West Coast BLT** - bacon. bacon. bacon. lettuce. tomato. cream cheese. avocado. sourdough .....\$14
- Philly Cheesesteak** - sautéed onions. mushrooms. thinly sliced ribeye steak. cheese sauce. amoroso roll .....\$16.75
- Pesto Grilled Chicken Melt** - fresh mozzarella. roasted tomatoes. artichokes. pesto. sourdough .....\$14.5
- ¶ **Double L Ranch Pastrami** - swiss. cajun mustard. sliced pickles. pretzel bun .....\$16.5
- Trident Chicken Salad** - roasted chicken. raisins. walnuts. green onions. served on toasted multigrain bread .....\$13.5
- Blue Plate Special** - side salad or bowl of soup served with 1/2 BLT, 1/2 chicken salad sandwich or 1/2 pesto grilled chicken melt .....\$13.5

**Soups & Salads**

- Grandma Miller's Clam Chowder** - bacon. green onions..... cup \$7 bowl \$10 bread bowl \$11
- Trident Gumbo** - cajun sausage. smoked chicken. shrimp. rice.....cup \$7 bowl \$10 bread bowl \$11
- \* **Steakhouse Spinach Salad** - 6oz grilled sirloin. smoked almonds. crispy onions. roasted potatoes. blue cheese. tomatoes. hard boiled egg. roasted garlic. balsamic reduction .....\$16.5
- Cobb** - ham. turkey. egg. tomato. bacon. avocado. blue cheese dressing .....\$14.5
- Thai Chicken Salad** - carrots. green onions. wontons. cucumbers. sesame seeds. thai peanut dressing .....\$14.5
- Buffalo Chicken Salad** - tenders. H1 sauce. jack & cheddar. carrots. celery. cucumber .....\$14.5
- Southwest Chopped Chicken Caesar** - pesto grilled chicken. corn. tomatoes. feta cheese. cilantro. chipotle caesar dressing .....\$14.5
- ¶ **Paleo Bowl** - pesto grilled chicken. avocado. carrots. tomatoes. sweet potatoes. egg. mixed greens .....\$14.5
- House Caesar** - chopped romaine. sourdough croutons. parmesan cheese .....\$10
- Trident Wedge** - iceberg wedge. chopped bacon. chunky blue cheese. tomato bruschetta. red onion .....\$11.75
- Side Salad** - mixed greens. red onions. black olives. carrots. tomato. cucumber .....\$8.5

Additions: 4oz seared salmon \$6 8oz seared salmon \$11 (7) grilled shrimp \$6.5 6oz grilled sirloin \$8 Pesto grilled chicken \$4.5  
Dressings: ranch. blue cheese. red wine vin. chipotle caesar. Alfonso's olive oil & balsamic. thousand island. Italian. caesar.

**Platters**

- Buttermilk Tenders** - 6. choice of dip and heat. served with Old Bay fries, cole slaw, garlic bread .....\$15
- Jumbo Shrimp** - 5. tarter and cocktail sauce. lemon. served with Old Bay fries, cole slaw, garlic bread .....\$20
- Captains** - Alaskan cod. jumbo shrimp. calamari. cocktail and tarter sauce. lemon. served with Old Bay fries, cole slaw, garlic bread.....\$22

**Entrees**

- \* **Bone-In Pork Chop** - 10oz beelers chop. honey mustard glazed. Trident potatoes. sautéed spinach & bruschetta. garlic herb butter .....\$20
- ¶ **Fish-N-Chips** - beer battered Alaskan cod. fries. tartar sauce. lemon. coleslaw.....(2) piece \$17 (3) piece \$19
- Sautéed Alaskan Cod** - steamed rice. sautéed spinach. coconut curry .....\$17
- \* **Grilled New York** - hand cut choice 12oz strip. grilled asparagus. Trident potatoes.... choice of: garlic herb butter or chimichurri sauce.....\$25.5
- Grilled Shrimp Scampi** - 6. jumbo shrimp. steamed rice. sautéed spinach & bruschetta. lemon.....\$19
- \* **Pan Seared Salmon** - 8oz salmon. grilled asparagus. steamed rice.... choice of: garlic herb butter or scampi sauce .....\$21.5